



Occidental Institute Research Foundation

THE BRIDGE

Linking Practitioners of German Biological Medicine

Volume 11, Issue #3, March 2015

Tuesday, 17 March 2015

Dear Colleagues, Friends and Supporters of OIRF,

➤ **Welcome to Volume 11, Issue #3 of "The Bridge" newsletter!** And here for this March Issue is our first article from **Dr. Michael Galitzer** entitled "*Metabolic Typing: Identifying Your Key Hormonal Gland*". In keeping with our "demographics" discussions in January's Issue #1 here is the first of several articles based on the research from his long standing and respected specialty practice. Note that Dr. Galitzer's book "*Outstanding Health*" has now been published and is available in electronic and paperback format. See details following.

➤ **FINAL REMINDER!! Acupuncture Meridian Assessment (AMA) Training** for Detecting Parasites and Dental Problems with Dr. Simon Yu, March 27-29, 2015, St. Louis, Missouri, OIRF Director participation. See further details in the "Conferences and Conventions" section below and visit the Prevention and Healing website to register: <http://www.preventionandhealing.com/pah-training.php>

Be sure to check out the events and conferences information enclosed and on the website, and make plans now for which events you will attend this year. Your support for the organizers is greatly appreciated, and gives you the return of fascinating, informative and educational programs that will enhance your practice. A new series of seminar/workshops on Neural Therapy (based on the comprehensive German training course) has been announced.

➤ For your early schedule and conference planning here is the preliminary information and dates for our **2015 Biological Medicine Tour program to Germany**. Once again the tour dates will "umbrella" the dates of the famous Baden-Baden Medicine Week Congress. The Tour program will begin on the evening of Tuesday, October 27 and end on the evening of Monday, November 2, 2015 (begins and ends in Frankfurt, Germany with ground transportation in Germany included).

As in the past this tour program will be hosted by **Carolyn Winsor-Sturm** with the able assistance of our Medical Advisor and Director **Marguerite Lane**, ND (Australia). Many lectures and presentations are being confirmed now and the actual schedule and itinerary will be finalized over the next weeks. From all indications this program will involve minimal travel within Germany, and many speakers who are participating in the Medicine Week Congress (with German language lectures) will be able to join us to give a private English language presentation to our group.

One of our Keynote Speakers will be **Prof. Dr. Roeland van Wijk**. Dr. van Wijk was a colleague and co-researcher with **Prof. Fritz-Albert Popp** (retired now) and he will present their latest research on Stress, Fatigue and Biophotons. They are also doing some interesting work with stem cells (among other things on the role of biophotons in activating these cells). Please see Page 12 of this Issue for information on Dr. van Wijk's new book!

Additionally, we will also be hearing from an exciting roster of speakers including:

- **Dr. Silvia Binder**, Biological Medicine practitioner and lecturer. Focused pulsed electromagnetic field therapy combined with Biofeedback (ONDAMED technology)
- **Prof. Dr. Ivan Engler**, Biological Medicine researcher, practitioner and lecturer. Inhaled Ionized Oxygen Therapies (Pulsamed technology)
- **Dieter Jossner**, Researcher and Physicist. Applications of BioPhoton Therapy (Medical Electronics technology)
- **Dr. Jürgen Nienhaus**, BioResonance and BioCybernetic practitioner, lecturer and researcher. BioResonance Therapy Applications (BioCybernetic Physicians Society)
- **Andre Rasche**, Engineer, Researcher and device developer. BioResonance Therapy (BioKat Systeme technology)
- **Dr. Uwe Reuter**, Biological Medicine practitioner and lecturer, chief medical director for a well known and respected **German Biological Medicine Hospital Clinic** specialized in the treatment of cancer
- **Dr. Nuno Ruivo**, Biological Medicine practitioner and lecturer, scientific and software developer. MORA BioResonance Therapy (Med-Tronik technology)
- **PaedDr. Uwe Uellendahl**, Biological Medicine practitioner and lecturer. BioResonance Therapy and Assessment (Kindling technology)
- Evening lectures and training sessions with attending OIRF directors and advisors

Personally I wouldn't miss this program! Many of the leading practitioners in this field regularly attend Med-Week and repeatedly participate in the OIRF tours. Since we take care of all the details, docs can arrive into Frankfurt and have all arrangements and educational/transportation details in place without any confusion, fuss or muss.

Haven't participated in one of these tour programs yet? Separately I have published a short "diary" of some of the activities and events that took place during the 41st Tour Program last Oct/Nov. Here's a day by day report that will show you some of the excitement and value of the information received by participants of this program. Follow this link for the [Germany Tour 2014 Report](#). Plan now to attend and be sure to mark your calendars with these important dates!

➡ Included in this Issue #3 is yet another in a series of articles about the methods and devices recommended by OIRF. As always the emphasis is on **practical everyday application** – on how you can utilize each particular method in your practice. Among other methods, Dr. Galitzer works with EAV-type diagnostics, as well as Ondamed, BioPhoton and Inhaled Ionized Oxygen therapies. See info on

these methods following his article. Note that all of these methods can be used either individually or as complementary therapies – dependent entirely on your individual practice. We will show you the benefits and some of the possible applications of these methods.

But, **we need your support**. Even though we are a non-profit organization we must still pay the staff, the bills and the expenses. If our research, publication and sponsorships in this field are to continue, we need to increase our (up until now minimal) fund raising activities.

We ask for your continued and ongoing financial support as we move forward into 2015:

- 1) Consider making a donation to OIRF for the newsletter (even though we are offering it freely)
- 2) Be sure that you have purchased copies of the many educational printed and electronic publications and the audio/video training presentations available exclusively through OIRF
- 3) Plan now to attend the various smaller instructional seminars and meetings sponsored by OIRF to learn more about these methods
- 4) Incorporate sale of the smaller OIRF recommended devices (such as the Medisend Protect, MECOS, the “Little Ludwigs”, the AQA 707 water regeneration device, and so on) to your patients – talk to Elaine or Carolyn for quantity discount pricing.
- 5) Make this the year you travel to Germany with us to see Medicine Week
- 6) Consider which of the various devices and methods recommended by OIRF will work in **your** practice and make this the year that you add one or more of them into your office
- 7) Plan to attend the various conferences and conventions where OIRF will sponsor an exhibit/educational booth to see these methods in action and talk to us personally about how you can incorporate these methods into your practice

➡ All of your 2015 Volume #11 Issues of “The Bridge” newsletter will be sent to you by email and then published on our website. **Access is open to all**. Follow this link to get your PDF print copy of “The Bridge” Volume 11, Issue #3.

Where there's a little “blank space”, here's a picture of the new MORA-Beauty specially designed for cosmetic applications. Four modules with software and appropriate accessories provide highly effective and delegable applications for: smoking cessation, relaxation, detoxification, stress relief, revitalization, cellulite and wrinkle reduction, weight loss, and optimization of nutrition. See this amazing device in use at the A4M Conference in Hollywood, FL on May 6-9, 2015 at our Booth #818.



➡ Here are your newsletter items for this Issue #3 . . .

*An exclusive **article for OIRF Supporters**, published March 2015
by Occidental Institute Research Foundation . . .*

Metabolic Typing: Identifying Your Key Hormonal Gland

By Michael Galitzer, MD

© Copyright 2015, Dr. Michael Galitzer, Los Angeles, California, USA

As an expert in the area of hormonal health, I have found that *it is far more effective to strengthen weak glands that produce hormones*, rather than simply seeking to boost their performance through the use of hormones themselves. This approach sets me apart from many in the field of hormone therapy who simply prescribe hormones when endocrine glands test weak. In order to restore hormonal glands to health, however, it is important to first identify the specific, or key, gland that has the most influence over each person.

A number of researchers and physicians have developed systems that are built around the concept known as *metabolic typing*. Much of the original research with regard to metabolic typing was conducted by a dentist named **William Donald Kelley, DDS**, who was able to cure himself of pancreatic cancer by adopting a vegetarian diet and using a wide variety of nutritional supplements, along with various detoxification techniques. More than a decade later, however, the same approach that had restored his health failed to help his wife, who became extremely ill after being exposed to chemical toxins. Baffled when she didn't respond to his therapy, and in fact became even worse because of it, Kelley desperately decided to try adding beef broth and small amounts of meat to her diet. Within 24 hours of his doing so, his wife's condition began to improve, and soon she too was restored to full health.

This led Kelley to discover the relationship between a person's metabolic type, their biochemistry, and the type of diet and nutrients that were most appropriate for him or her. Eventually, he developed methods for determining each person's specific metabolic type and today is known as "the father of metabolic typing". For the rest of his life Kelley helped many people achieve remarkable, and documented, recoveries from illness using his methods, including many cases of cancer. For the most part, though, his work was ignored and he was attacked by the medical establishment as a fraud and worse. Before he died, however, he came to the attention of **Nicholas Gonzalez, MD**, and researcher **William L. Wolcott**. Dr. Gonzalez initially set out to debunk Kelley's claims,

yet once he began to delve into Kelley's work and verified it for himself, he shifted his entire medical practice and today metabolic typing is a central component to the work he does as an integrative physician specializing in cancer care. Wolcott worked alongside Kelley for over a decade and is largely responsible for preserving and furthering what Kelley taught him, both through his company, Healthexcel, and in his book *The Metabolic Typing Diet*.

Kelley recognized four major metabolic groups: Fast Oxidizers, Slow Oxidizers, Sympathetics, and Parasympathetics. Kelley grouped these four categories into one of two dominant systems. Both fast and slow oxidizers belong to what Kelley called the Oxidative system, whereas sympathetics and parasympathetics belong to the Autonomic system. He also recognized that each group corresponded to a specific endocrine, or hormone, type.

I am most interested in the dominant gland, and their hormones, that most influence my patients. By determining which gland/hormone-type they are, I can more easily and effectively tailor make my treatments for each patient I see.

Although a basic determination of one's metabolic type can usually be found through a questionnaire, proper testing using Kelley's protocol involves analysis of a patient's saliva and urine samples and can be a bit complicated. Using Energy Medicine, I am able to greatly simplify this process and effectively determine my patients' status quickly and easily. I do so by using Electro-Dermal Screening, specifically measuring the response to sugar. To conduct this test I also developed the following homeopathic formulas (RegenRx) distributed by Apex Energetics (800-736-4381): Growth Hormone (fast oxidizer), Pancreas (slow oxidizer – the endocrine pancreas), Thyroid (sympathetic), and Adrenal (parasympathetic – the adrenal cortex).

The testing procedure is simple. Sugar will cause an increased skin resistance (or if using applied kinesiology, a weak muscle). Then I test patients by having them hold each of the vials containing the homeopathic formulas, one at a time. The formula that restores the skin resistance to normal indicates the patient's most important hormonal gland, and thus his or her metabolic type.

As an example, if the adrenal vial neutralizes the response to sugar, I would tell the patient that the adrenals were that person's key hormonal gland, and that the more optimal the adrenals become, the more energy they would feel, the better they could handle stress, and the more optimal their health would be (given all the other parameters, such as drainage, detoxification, exercise, and nutrition). Based on this finding, I am then able to tailor a treatment program for the patient that is specific for him or her, and that addresses and supports optimal adrenal gland function. This same approach works for the other three metabolic types and their key hormonal glands, as well. Most of the therapies

in medicine are designed to treat lab values that are out of the "normal range". This form of metabolic typing that I employ states that even though the lab value for the specific gland/hormonal-type is in the normal range, I want to continue to strengthen their key gland so as to optimize its function (instead of bringing a lab value from "out of the normal range to in the normal range").

Based on several thousand patients that I have tested and treated in this way I have found that 50 percent were Parasympathetics (adrenal), 25 percent were Sympathetic (thyroid), 20 percent were Slow Oxidizers (pancreas), and five percent were Fast Oxidizers (Growth Hormone). Interestingly, I find that I cannot get an accurate response using this test for children up to the age of 13, but after age 13 the test works well for everyone. I've concluded that these metabolic types were determined in childhood, and that there is an emotional connection to these organs, as follows:

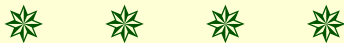
- Adrenal – Fear
- Thyroid – Anger
- Pancreas – Love
- Growth Hormone – Anxiety

When I find that my patients are an adrenal type, and that their adrenal glands are exhausted, it usually takes six months to a year to get their adrenals back to health. If they are a pancreas or thyroid type, and their adrenals are exhausted, however, I can usually restore optimal adrenal function in as little as four weeks. What I have also found is that people with high blood pressure are usually pancreas or thyroid types. For pancreas types, the key mineral is potassium, while for thyroid types, the key mineral is magnesium.

Many doctors use blood and other tests to figure out which hormones are low and high and then make corrections. But my experience has shown me that you first have to figure out which hormone gland is the star player (metabolic type). Again, 50% of the time it's the adrenal glands. Once I strengthen the adrenals, balancing their hormones becomes much easier. What I see is that these different metabolic types dictate our reactions to how we respond to treatment, both in terms of hormone therapy and also other treatments, including nutritional supplementation.

If a patient comes to most physicians complaining of low libido or other sex-related issues, for instance, the physician will typically begin treatment by attempting to balance the sex hormones, perhaps with the use of estrogen, progesterone, or testosterone treatments. But if adrenal exhaustion is the underlying cause of that problem, this approach will prove to be ineffective. The first and best course of action in such a case needs to be restoring proper adrenal function, beginning with strengthening the adrenal glands themselves.

The same holds true for the other key hormone glands. The best course of action in each case is to start to strengthen these glands. The beauty of the individualized approach to diagnosis and treatment of hormone related issues is that it allows me to quickly determine which is their key hormonal gland. Once that gland begins to be strengthened, greater levels of health and energy soon follow.



Practice Application:

ONDAMED

Focused Field Stimulation Combined with Biofeedback
From ONDAMED, Germany



The applied methodology with the ONDAMED System is founded on the basis of respect and honor for each individual life and the individual truth within each patient. The goal of ONDAMED's physiological treatment in using focused electromagnetic waves is to stimulate improvement of systemic functions as well as improving stress tolerance levels without connecting the patient to health hazardous induced labelling of diagnosis.

The ONDAMED is a combination of various philosophies and its frequency selections are based on ancient and pioneering Western and Eastern healing methods including Traditional Chinese Medicine, Ayurvedic Medicine, and Homeopathy.

A Visualization Software lets the patient visualize the frequencies in colors, providing color therapy at the same time the frequency stimulation takes place. The Software also allows for recording the information found on the patient, and printing the patient information sheet.

Humans are electromagnetic beings, and are receptive to electromagnetic vibrations. ONDAMED stimulation induces subtle current impulses in the body's fluids, organs, tissue, and cells. Our connective tissue, also known as "the matrix", is our largest organ in the body. Connective tissue connects all cells and organs in the body.

The flow of electrons takes place in connective tissue. The perineural and perivascular system sits in organs, around muscles, bones and nerves. What takes place here may be compared to a semiconductor. Let's take the following example: Isolated areas in the body, such as inflammation, are collecting a different electrical potential widely known as the ph-level in the body.

Once the ph-level is outside the neutral range of close to ph7, it indicates an electrical potential of the isolated area. This potential has an electrical field, which influences the conductivity in the surrounding area – just as the gate does in a semiconductor.

- See further details and information at www.oirf.com/inst-ondamed.html
- For order, delivery & pricing information contact OIRF Office at 1-800-663-8342

Practice Application:

Oxygen Ion 3000 with VNS Diagnosis 3000

By Prof. Dr. Ivan Engler, Inhaled Ionized Oxygen Therapy
From CS Tronic, Austria

The **Oxygen Ion 3000**/by Dr. Engler is a so-called oxygen-ionizer which enables you to enrich medical oxygen with electrical charge carriers in the form of “oxygen-cations” or “oxygen-anions”. The administration of enriched oxygen is carried out via an oxygen mask. The oxygen quantity varies between 4 and 8 liters, yet the changed charge quantity has to be considered. The therapeutic session lasts 12 minutes. As an alternative, oxygen concentrators may be used instead of oxygen cylinders.

Because of the state-of-the-art processor technology, the respective polarities are changed over automatically, without having to switch the oxygen supply. A data interface to VNS Diagnosis allows an automatic therapeutic transmission from the diagnosis device VNS Diagnosis 3000/by Dr. Engler.

As an ideal complement to Oxygen Ion 3000/by Dr. Engler, **VNS Diagnosis 3000**/by Dr. Engler supports your diagnostic procedure. VNS Diagnosis 3000/by Dr. Engler measures the capacity and the resistance between both gold electrodes and forms an optic display of the vegetative situation in the form of a LED-diagram. Of course there is the possibility to read off the measured values as direct numbers as well and can be interpreted individually. Because of similarities to the Oxygen Ion 3000/by Dr. Engler, a display of therapeutic proposals was also integrated. A data wire immediately transmits the therapeutic proposal to the Oxygen Ion 3000/by Dr. Engler, from which a further program selection can be started afterwards. The shape of the gilded electrode plates is handy and therefore facilitates the reproducibility of the measured results.

- See further details and information at www.oirf.com/inst-oxygenion3000.html and www.oirf.com/inst-vnsdiagnosis.html
- For order, delivery & pricing information contact OIRF Office at 1-800-663-8342



Practice Application:



Biophoton HPT 3D Standard BioPhoton Light/Laser Therapy From Medical Electronics, Germany

The most modern large area laser therapy, the Biophoton light therapy, with optional magnetic field therapy, depth relaxation, super-learning and energetic homeopathy, make this therapy apparatus a particularly effective instrument.

64 Hyper-red Special LED
(HeNe Laser carrier)
660 Nanometer (Hyperred)
ca. 6 Milliwatt per diode

64 Laser diodes
785 Nanometer (Infrared)
ca. 6 Milliwatt effective per diode

- Eminently suitable for hair, face and body treatment. Impressive results within a short time – in particular with cellulite and other large area tissue problems.
- New modulation frequencies stimulate the body to produce endorphins. Endorphins improve the mental attitude, activate the immune system and optimize all the body's own self-healing effects.
- That is modern overall therapy – the therapy of the future! With this apparatus it can be impressively confirmed what modern energy therapy is able to do!
- **Optional accessories** for the HPT 3D HyperPhoton device include:
 - Magnetic coils (in three sizes) – to add a stronger and more focused magnetic field therapy component
 - Music modulation – to incorporate relaxing and healing sound through the BioPhoton field (e.g. reflection and meditation music of Arndt Stein, etc.)
 - Specially designed honeycomb for delivery of medication and remedy information
 - Either a rolling floor stand or a wall mounted “swinging” arm
- See further details and information at www.oirf.com/inst-biophoton.html
- For order, delivery & pricing information contact OIRF Office at 1-800-663-8342

Practice Application:

MORA® Nova
True BioResonance Therapy with the Patient's own
Frequency Spectrum
From Med-Tronik, Germany

- Standard EAV or MORA Optima assessment capabilities of the **Nova® MED Professional**.
- Full EAV assessment software incorporated into Nova® MED Professional for fast accurate testing and assessment using actual or electronic test sets.
- Optional “Tooth Testing” module for standard currents in the mouth, as well as assessment of dental foci.
- Cancer and Mitochondropathy Electronic Test Sets according to the research of **Dr. Gottfried Cornelissen** for cancer assessment and application.
- Or, VEGA-type testing capability has been incorporated into the MORA-Nova to allow utilization of available Electronic Test Sets – or of the coveted actual VEGA test set vials.
- For those who already have other testing and diagnostic methods in place, or for beginning BioResonance practitioners, the recently introduced **Nova® MED Basic** offers a less costly device with “therapy only” applications.



- **MORA BioResonance Assessment and Therapy Applications:**
 - EAV, MORA Optima or Vega-style diagnostics to confirm infection.
 - Major applications for detoxification and intolerance.
 - Building immune system.
 - Delivery of medication information.
 - Follow this link for [MORA BioResonance details](#).
- For order, delivery & pricing information contact OIRF Office at 1-800-663-8342

OIRF Resource Materials

➤ Of the three full “home-study” or “extension training” programs developed by Occidental Institute, two have been fully updated and are available in PDF format on disc. Research and publication of each of those programs has been pivotal in the development and application of Acupuncture and Biological Medicine in North America and around the world. Be sure to obtain your copies of these famous and well respected volumes for your library and study purposes.

- Modern & Traditional Acupuncture: \$165
- Master of Acupuncture Program: Translations of the ancient acupuncture classics (The Nei Ching consisting of the Su Wen and Ling Shu, as well as the “Difficult Classic” the Nan Ching) are still available in printed format – \$125
Work on scanning and reformatting these materials will progress slowly as time allows during our busy summer and fall seasons.
- EAV Desk Reference Manuals, Parts 1 & 2 – \$200
- Diagnostics and Therapeutics Seminars of Dr. Sturm – \$200

Get more details at <http://www.oirf.com/resources.html>

“EXTENSION TRAINING” PROGRAM IN MODERN & TRADITIONAL ACUPUNCTURE

Over twelve hundred pages of printed materials incorporating applicable materials from the supplementary textbook ([An Outline of Chinese Acupuncture](#)) and set of four charts (by [China Cultural Corp.](#)). Program starts off assuming you know nothing about acupuncture (a good place to start even if only as a thorough review of the basics) and takes you right through to the most heavy-duty advanced aspects of true, ‘energetical’ acupuncture. The finest and most comprehensive material in the English language, covers all seventy-one meridians of traditional acupuncture; that ‘missing sixty percent’ of acupuncture knowledge most “acupuncturists” have never even heard of; and, the modern electronic ‘needle-less’ treatment methods (Electro-Acupoint Therapy) now so popular.

Over 3,000 students were originally enrolled in this famous Extension Training Program, and the OICS graduate listings read like a “Who’s Who of Acupuncture” in the English speaking world. This program takes you as far as anyone possibly can in a ‘written’ format prior to the clinical finesse and practicum needed to round out your acupuncture study to professional levels.

FULL THIRTY-THREE LESSON PROGRAM NOW AVAILABLE ON DVD

Price includes disc with all 33 Lessons, applicable supplementary textbook (An Outline of Chinese Acupuncture) passages and representation of set of acupuncture charts (China Cultural Corporation set of four). [Current editions of the textbook and charts can be easily obtained from suppliers of acupuncture books and supplies.] Price does **not** include printed materials, binders; or, any tutorial, examination, or certification privileges. Follow above link for full details. **Full set on one disc available for CDN \$165.**

OIRF Resource Materials (continued):

Videotaped "DIAGNOSTICS" AND "THERAPEUTICS"

Seminar/Workshops by Dr. Walter D. Sturm† of OIRF Staff



* 1944-2004 †

Part One on Diagnostics:

- Electronic point measurement
- Medication testing, and more

Part Two on Therapeutics:

- **MORA-Therapy**
- Electronic Homeopathy
- Remedy Information Transfer, and more
- *Optional day on his other therapies!*

Follow this link to see a full description of these videotaped ["Diagnostics and Therapeutics" Seminar/Workshops](#) by the late Dr. Walter D. Sturm† of the OIRF Staff.

Available on five (5) DVD's plus one (1) CD with all overheads and extensive handouts materials for CDN \$200 (plus shipping).

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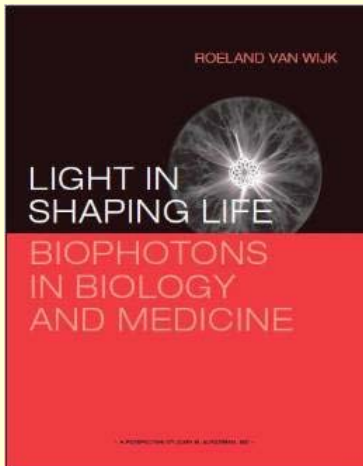
- For more information and instruction about point and medication testing with EAV see the OIRF: [Medication Testing Report](#) and the [EAV Desk Reference Manuals](#) (both available on disc).
- For more information and instruction about [Diagnostic and Therapeutic Techniques in Biological Medicine](#) with emphasis on BioResonance Therapy be sure to order the recently re-released videos of Dr. Walter Sturm's seminars.
- For a complete [listing of OIRF resource materials](#), including publications, reports, books and videos please follow this link to our website. There are full descriptions of all printed and recorded materials online.
- For a complete [listing of OIRF recommended instrumentation](#), including diagnostic, therapeutic and BioResonance devices please follow this link to our website. There are full descriptions of all instrumentation online.



NEW BOOK REVIEWS:

Light in Shaping Life – BioPhotons in Biology and Medicine (An Interdisciplinary Textbook)

By Prof. Dr. Roeland van Wijk



Published 2014 by Meluna, Geldermalsen, The Netherlands

“Welcome to the study of the photonics of life!

The production of biological light (*ultra-weak photon emission or biophotons*) within many types of cells and tissues is characteristic of an alive organism. You will begin a journey of discovery about biophotons in relationship to biological matter and about how such biophotons can be detected utilizing specialized very photon-sensitive technologies. In this book, Roeland van Wijk provides a unified synthesis that facilitates easy entry into an exciting sub-field of biology. *Light in Shaping Life* encompasses the history of biophoton research, insight into how biophotons are generated, and into their involvement with life. Also included, is an overview of the potential benefits of such research to a better understanding of health and medicine.

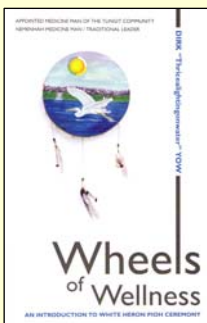
Order this book direct from Amazon.com at:

<http://www.amazon.com/Light-Shaping-Life-Biophotons-Medicine/dp/9081884328>

NOTE: This book is highly recommended by OIRF. It is a bit pricey at US \$100, but represents a true textbook and resource. Prof. van Wijk will be speaking to the Germany Tour group later this year where he will be filling us in on the practical applications of this research including how biophotons can activate stem cells leading to much greater effectiveness with that therapy as well as applications for stress and chronic fatigue.

Wheels of Wellness – An Introduction to White Heron PIOH Ceremony

By Dirk Yow
(Appointed Medicine Man of the Tlingit Community –
Nemenhah Medicine Man / Traditional Leader)



Published 2014 by Geetha Publications, Printed in the USA by Joshua Printing

Dirk Yow is an expert in “the process of intestinal detoxification.” He holds a BSc (Microbiology, Medicinal Botany, Drugless Healing) from Evergreen State College in Washington; a certificate from Germany in the use of oxygen/ozone as it relates to Precision Intestinal Oxidative Hydrotoning (PIOH).

This book is an introduction to PIOH and the author’s first of many. Future books will be much more detailed and some will function as manuals for his students.

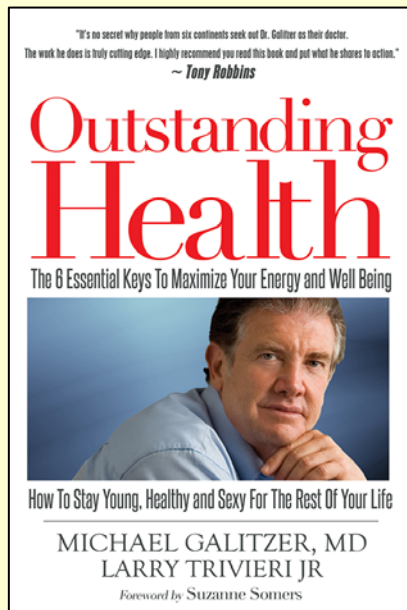
Place your order for this book by sending check or money order for US \$11.95 + \$4.95 S&H (CA residents please add 8.00% Tax) to:

Geetha Publications,
416 W. Badillo Street, Covina, CA 91723 USA

Outstanding Health

The 6 Essential Keys to Maximize your Energy and Well Being
How to Stay Young, Healthy and Sexy for the Rest of Your Life

By Dr. Michael Galitzer and Larry Trivieri, Jr. with Forward by Suzanne Somers



For more than 25 years, stars like Suzanne Somers and Vanessa Williams, as well as the “movers and shakers” in the business and entertainment industry, and other doctors, have sought out Dr. Michael Galitzer because of his revolutionary approach to health that consistently helps his patients look and feel much younger than they actually are.

The reason his program is so effective is because of its unique combination of conventional and complementary medicine – and in particular, its focus on Energy Medicine, which addresses health at the cellular and energetic level. Now, in *Outstanding Health*, Dr. Galitzer is sharing his wisdom with the world so that you, too, can achieve the same benefits as his patients.

In this groundbreaking book you will discover how to renew and revitalize yourself in body, mind, and spirit, so you can enjoy outstanding health at any age. Your journey begins with a new understanding of yourself as a dynamic “being of energy,” and how to use Energy Medicine to detect and correct health problems long before they ever develop into physical symptoms. Then you will discover the 6 Essential

Keys to Outstanding Health, and everything you need to do to incorporate them into your daily life so that you can start to look and feel fantastic. You will also discover breakthrough solutions for keeping your brain and heart healthy and youthful for the rest of your life, along with little-known, futuristic medical technologies that are available today.

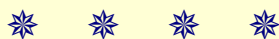
In this one-of-a-kind health guide, you will discover a new standard of health and well-being that goes far beyond most doctors' understanding, and then learn how you can commit to achieving outstanding health for yourself and loved ones, starting with detailed guidance for determining your current health status right in the comfort of your own home. From there, you will be guided to create your own action health plan by applying Dr. Galitzer's 6 Essential Keys to Outstanding Health, including how to achieve emotional mastery and the ideal mindset for healing, how to cleanse and detoxify your body, how to optimize your diet and become more energized, how to achieve deep, restful sleep, and how to most effectively banish stress from your life.

You will also discover how to rejuvenate your hormones and recapture the sexual vigor and enthusiasm of your youth, while also keeping your brain and heart free from the many ravages of aging and the hazards of our modern lifestyle.

Most of what Dr. Galitzer teaches you can be done on your own, empowering you to be in control of your health for the rest of your life, and to achieve the same type of results as those experienced by Dr. Galitzer's patients. Read this book and create your own Outstanding Health starting now.

Available on Amazon US \$19.50 Paperback and eBook US \$8

Click on the book cover above for US order information.



➡ **Conferences and Conventions:** As a new approach to bring this information and education to a broader range of practitioners this year OIRF will sponsor speakers and lecturers in a number of conferences and events throughout the USA and Canada. Here are **some** of the conferences, conventions and seminars where our OIRF Board of Directors and Advisors are giving presentations.

➤ **FINAL REMINDER!!! Acupuncture Meridian Assessment Training for Detecting Parasites and Dental Problems, March 27-29, 2015**, St. Louis, Missouri. Training specially geared and limited toward **MD, DO and DDS** in active medical/dental practice. About this workshop by Dr. Simon Yu:

“We cannot make a diagnosis based on Acupuncture Meridian Assessment (AMA) alone but it can be a valuable tool to assist your clinical decision making. It offers a quick insight – a Pattern Recognition – into initiating treatment as well as for monitoring the progression of healing. AMA can be applied in conjunction with standard medical/dental evaluations.

The class consists of lectures and lots of hands on boot camp drills for two and a half days on March 27-29, 2015. This class will be small, hands on, somewhat experimental and spontaneous. There will be two additional instructors from Canada, Dr. Robert Cass representing Avatar EAV and Gordon Johnston representing Kindling. Doug Cook, DDS will also join us for a special training for the dental elements of AMA.”

For all details and to register follow this link to the Prevention and Healing website: <http://www.iamconf.com/>

➤ Here is a listing of **MORA Therapy and BioResonance training sessions** available in English. The following three sessions will be held in Friesenheim, Germany at the Med-Tronik training center:

March 21-22, 2015	Basic MORA and BioResonance
July 18-19, 2015	Advanced MORA and BioResonance
October 24-25, 2015	Masters Level MORA and BioResonance

Note: The Master program takes place the weekend before the start of the OIRF Tour #42 (on Oct. 27) and the start of the famous Medicine Week Congress (on Oct. 28). If you are interested in attending this program, contact Carolyn or Elaine for “Tour Optional Add-Ons”.

September 10, 2015	MORA BioResonance Therapeutic Possibilities With <i>Marguerite Lane, ND</i> , Australia at the “ Curing the Incurables ” Conference, St. Louis MO Sept 11-13, 2015
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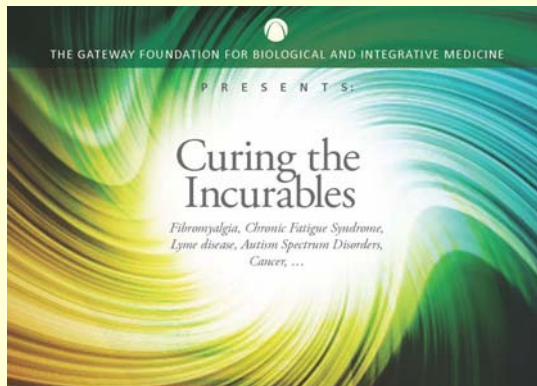
➤ **A4M, 23rd Annual World Congress on Anti-Aging Medicine**, May 6-9, 2015, Hollywood, Florida USA, Med-Tronik/OIRF Exhibit area featuring the MORA Beauty. Here is an opportunity to meet the new managing director of Med-Tronik, Germany. Also there to answer your questions and give demonstrations will be our own OIRF managing director and a well known German practitioner experienced with the new MORA Beauty for BioResonance Cosmetic applications. See us at Booth #818. Registration information at: www.a4m.com/anti-aging-conference-2015-hollywood.html

➤ **Conferences and Conventions** (continued):

➤ **Gateway Foundation for Biological & Integrative Medicine** presents **Curing the Incurables**, Sept. 11-13, 2015, St. Louis, Missouri USA, OIRF Educational Exhibit area featuring the MORA Beauty/Nova. Details and registration at <http://www.iamconf.com/>

There is an impressive lineup of speakers including **Dr. Dietrich Klinghardt, Dr. Garry Gordon, Dr. Jeremy Kaslow, Marguerite Lane, Dr. Michael Gurevich, Dr. Michael Rehme, Dr. Robert Cass and Dr. Simon Yu.**

Also featuring a one-day workshop on **“MORA BioResonance Therapeutic Possibilities”** on Sept. 10, 2015 with Marguerite Lane, ND from Australia



➤ **MORA Therapy and BioResonance Training** sessions available in English to be held in the Med-Tronik training center, Friesenheim, Germany:

- March 21-22, 2015 Basic MORA and BioResonance
- July 18-19, 2015 Advanced MORA and BioResonance
- October 24-25, 2015 Masters Level MORA and BioResonance

➤ **49th Medicine Week Congress**, Oct. 28 to Nov. 01, 2015, Baden-Baden, Germany, Directors and Germany Tour participants attending. Usually more than 3,000 doctors participate with nearly 200 lectures, workshops and courses (in German language). Main theme this year is “The Whole Keyboard of Healing”. Exhibit area with more than 220 exhibits providing you an excellent insight into the big product offerings in natural healing and complementary medicine. There you can find out directly, and compare. Contact OIRF for attendance possibilities.

➤ **Biological Medicine Tour #42 to Germany**, October 27 to November 2, 2015. Join us for our **42nd** group tour including the world famous “Medicine Week” Congress in Baden-Baden. Tour program also includes private OIRF English language lectures from renowned German clinicians and researchers as well as pharmacy and clinic visits. See details previously listed in this Issue. Registration for this program will open within the next few weeks and is expected to fill quickly.

➤ Follow this link to our website to see Issue #3 in print/PDF format.

➤ **Updates, Reminders and Announcements:**

➤ Watch for Volume 11, Issue #4 of the "The Bridge" newsletter to arrive in your Inbox around mid-April. Next to be featured will be the annual article contribution from OIRF Medical Advisor Marguerite Lane, ND entitled "*Hot Flashes – Could it be Hormones?*"

➤ Visit our **Facebook** page – will you be our friend?



I trust you have found much of interest in these pages. Just as there are plans and arrangements falling into place for our many 2015 events and activities, so also there are articles and information being prepared for the next Issues of this Volume 11 of "The Bridge". Electronic publication with access open to all will continue throughout 2015 and we look forward to bringing you that cutting edge information for which OIRF is famous. We look forward to meeting you during our 2015 activities and programs. As always your comments are welcome. Remember that this is your newsletter – your suggestions, article contributions, critiques, FAQ's and compliments – are gratefully accepted.

Yours in health,

Carolyn

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